

2012 Y-Tri Sprint Triathlon Information Sheet



*Greetings Triathletes,
Here's some info for the upcoming race:*

Amenities

- The hot tub will be open for a good postrace soak.
- The locker rooms and showers will be open. Bring your own padlock for your locker.
- Bagels, fruit, peanut butter, and sports drink will be available for all athletes and volunteers.
- Drinking water will be available at the Y and at a water station in the transition area.
- All Y-triathletes will be presented with a finisher's medal at the finish line. Race winner and age group awards will be presented after the race around 12:30 pm.
- Bike mechanics will be on hand in the transition area to help with emergency repairs.

Check-In and Packet Pickup

Saturday, June 2nd from Noon – 2:00pm

Sunday, June 3rd from 6:30am to 7:30am with a mandatory information meeting at 7:45am.

You may check in and pick up your packet on Saturday or on Sunday (race day) but we encourage you to check in and pick up your packet on Saturday to avoid rushing on Sunday.

What to bring for check-in:

- A photo ID (your driver's license will do.)
- If you are an annual USAT member, you must present your USAT membership card **OR** if not an annual member, you must **bring ten dollars cash or check made out to the USAT** to buy a one-day USAT membership.

Relay teams! All team members must go through the check-in process, although only one team member will pick up the packet.

Start at the YMCA front desk:

1. You'll present your USAT card if you have one **OR** if you're buying a one-day USAT membership, you'll be asked to fill out a USAT one-day membership form and sign a USAT waiver. Please remember to bring **\$10 cash or check** for the USAT to buy your one-day membership. Youth (age 17 and under) Annual Membership - \$5 (this is an annual membership, one-day memberships are NOT available for youth).
2. You'll also be asked to sign a USAT waiver and a waiver for the YMCA.
3. You'll present your photo ID. If you forget your ID please go home to get it.
4. You'll be given a slip of paper with your name and bib number on it and you'll proceed to packet and T-shirt pickup.

Go to packet and T-shirt pickup in the gym:

- Present your paper with your name and bib number.
- Receive your packet.
- ***A short pre-race meeting at 7:45 on race day, Sunday, is mandatory.**

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Race Day Schedule

6:30am to 7:35am:

- Check in and pick up your packet and T-shirt (if you didn't on Saturday.)
- Get your bike safety-checked and racked in the transition area.
- Get body-marked.

7:00am to 7:35am:

- Pool is open for warm up swim.

7:35am

- Transition area closes and all athletes must be out of the transition area until their turn to race.
- Pool closes for warm-up swims.

7:45am:

- Opening remarks and mandatory pre-race meeting in gym.

8:00am:

- First swim wave begins.

11:45pm (approximately):

- Last athlete finishes.
- All bikes must be removed from the transition area within 15 minutes after the last athlete finishes. You are encouraged to remove your bike from the transition area and secure it when you finish your race.
- Awards ceremony and raffle shortly after last athlete finishes.

Post Race

Also, after the race is over you can check on Race Results and Photos at the following website:

<http://www.allsportsevents.com/index.htm>

Sincerely,

Bath YMCA Staff and Volunteers
Bath Area Family YMCA

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

