

# LIFEGUARD TRAINING

This Lifeguard training program provides a comprehensive education centered on preventing accidents in aquatic environments. It includes all of the skills and knowledge required for the lifeguard candidate to be effective and successful at swimming pools, lakefronts, beaches, and water parks. The course offers up-to-date information on how to guard, anticipate and prevent problems, and take action to help those in danger when necessary. Lifeguard training enables students to learn and apply safety principles in their own lives, develop leadership skills, and improve their decision making skills.

## Prerequisites:

- Minimum Age 15 (proof of age required)
- Pass Prerequisite swim test

## Lifeguard Class Dates:

**Winter Session—Mon-Fri, 9 am - 3 pm, February 20-24, 2012**

Fee: \$275.00 (includes certification, books, and all prerequisites)



*For additional information regarding employment at our Y and other local organizations please contact Diane at 443-4112x23 or [diane@bathymca.org](mailto:diane@bathymca.org)*

